



## SOAR® Learning PROFESSIONAL DEVELOPMENT

*Real strategies teachers can use to make a real difference*

**If you have students that are disorganized, mismanage their time, do not know how to study, have missing and late assignments, and are not working to their potential,** the SOAR® System will provide the tools to help them be more successful in school. Strategies in the program cover the following topics:

- Time and task-management
- Goal setting
- Paper organization
- Reading skills
- Homework/project planning
- Organizing at home & school
- Note-taking strategies
- Test-taking strategies
- Communication skills
- Writing strategies

**Each of the strategies taught in the SOAR® System are designed to be student-friendly;** they are easy to learn, provide immediate results, and help students study more efficiently so that homework can be done in less time. The SOAR® System is broken down into four fundamental principles: **S**et goals, **O**rganize, **A**sk questions, **R**ecord your progress. These core strategies cover the most fundamental skills for school success and interrelate with one another, making it easy for students to learn and use them immediately. The techniques within each section lay a foundation for the following section and conversely, reinforce strategies from previous sections.

### Features of Our Program:

Not only will educators learn the SOAR® strategies, they will also learn:

- **How to effectively teach the strategies to students and motivate them for success.** Educators will learn why each strategy was selected for this program and how to maintain the integrity of keeping strategies simple. They will also learn how to emphasize the concept of finding a balance between school and fun, so students will be more receptive towards the program.
- **Hands-on activities they can do to reinforce the concepts and strategies.** As educators, we know it is always better to “show, not tell,” which is key to making SOAR® accessible for students. Teachers will learn how to prepare supplies and demonstrations for each component of the program.
- **Common “complaints” and “excuses” they are likely to hear from students and how to respond to them.** In every group, there is always a “naysayer” or two. After teaching the program for so many years, we have heard a lot of excuses from students. We will help you turn these negative comments around into something positive.
- **Suggestions for pacing the instruction over time.**

For more information, contact SOAR® Learning, Inc:  
[www.StudySkills.com](http://www.StudySkills.com) ♦ 800.390.SOAR ♦ [info@studyskills.com](mailto:info@studyskills.com)



## SOAR® Learning PROFESSIONAL DEVELOPMENT

*Real strategies teachers can use to make a real difference*

| <b>Web-Based Teacher Training Package<br/>Up to 10 Participants</b>  |                | <b>Web-Based Teacher Training Package<br/>10+ Participants</b>  |                |
|--|----------------|---|----------------|
| <b>CURRICULUM PURCHASE REQUIRED!</b>   |                | <b>CURRICULUM PURCHASE REQUIRED!</b>  |                |
| <b>Getting Started Call – Planning Meeting</b>   |                | <b>Getting Started Call – Planning Meeting</b>  |                |
| <p>The purpose of this phone call meeting is to gather information about your school, students, and the intended use of your SOAR Curriculum. This information is used to design your upcoming, customized virtual training.</p> <p>It must be scheduled at least 1 week prior to any PD or training sessions.</p> <p>15 minutes, no more than 2 people (lead teacher and/or administrator)</p>                    |                | <p>The purpose of this phone call meeting is to gather information about your school, students, and the intended use of your SOAR Curriculum. This information is used to design your upcoming, customized virtual training.</p> <p>It must be scheduled at least 1 week prior to any PD or training sessions.</p> <p>15 minutes, no more than 2 people (lead teacher and/or administrator)</p> |                |
| <b>Session 1 - Introduction to SOAR &amp; “Best Practices”</b>   |                | <b>Session 1 - Introduction to SOAR &amp; “Best Practices”</b>  |                |
| <ul style="list-style-type: none"> <li>○ Overview of the program and MMTG</li> <li>○ Pacing Guidelines</li> <li>○ Review of Assessments</li> <li>○ Program organization and navigation</li> <li>○ Instructional tips for “best practices”</li> <li>○ Questions and feedback</li> <li>○ Content review for first 7 chapters</li> <li>○ Getting parents involved</li> </ul> <p>90 minutes, up to 10 participants</p> |                | <ul style="list-style-type: none"> <li>○ Overview of the program and MMTG</li> <li>○ Pacing Guidelines</li> <li>○ Review of Assessments</li> <li>○ Program organization and navigation</li> <li>○ Instructional tips for “best practices”</li> <li>○ Questions and feedback</li> <li>○ Content review for first 7 chapters</li> <li>○ Getting parents involved</li> </ul> <p>90 minutes</p>     |                |
| <b>Session 2 – Take it to the Next Level! – Teacher Feedback &amp; Content Exploration</b>   |                | <b>Session 2 – Take it to the Next Level! – Teacher Feedback &amp; Content Exploration</b>  |                |
| <p>Research shows that follow-up professional development sessions improve application of strategies by up to 90%!</p> <ul style="list-style-type: none"> <li>○ Scheduled 4-6 weeks after Session 1</li> <li>○ Focus is on teacher experiences and questions for moving forward</li> <li>○ In-depth content coverage of Chapters 8-18</li> </ul> <p>60-90 minutes, up to 10 participants</p>                       |                | <p>Research shows that follow-up professional development sessions improve application of strategies by up to 90%!</p> <ul style="list-style-type: none"> <li>○ Scheduled 4-6 weeks after Session 1</li> <li>○ Focus is on teacher experiences and questions for moving forward</li> <li>○ In-depth content coverage of Chapters 8-18</li> </ul> <p>60-90 minutes</p>                           |                |
| <b>Total:</b>  | <b>\$1,500</b> | <b>Total:</b>   | <b>\$2,000</b> |

For more information, contact SOAR® Learning, Inc:  
[www.StudySkills.com](http://www.StudySkills.com) ♦ 800.390.SOAR ♦ [info@studyskills.com](mailto:info@studyskills.com)



## SOAR® Learning PROFESSIONAL DEVELOPMENT

*Real strategies teachers can use to make a real difference*

Technical requirements for web-based training are listed on the next page.

### Technical Requirements

Web-based trainings are appropriate for 1-10 participants. The technology components required for web-based trainings include:

- **Phone access.**
  - Participants may call in from separate phone lines.
  - Groups of 1-5 may call from one phone using a speaker phone. Six or more people will need a conference phone in order to communicate effectively.
  - Participants may also use VOIP.
- **Access to computer with Internet access.** Participants can be on individual computers or watching on a large screen with a projector. Small groups may gather around one computer.
- **Ability to download GoToMeeting software.** The installation of this program is ordinarily quick, but school networks may present a challenge. Please verify with your Tech Support Staff that you can download this software. If not, we will make alternative arrangements, but we will need to know this ahead of time.

### Training Set-Up

As soon as an order is received and a date is confirmed for training:

- You will receive an email with detailed instructions for accessing the training software. (We encourage you to check with your Tech Support staff to download this software right away.)
- You will receive a second email with specific questions that will allow us to customize training to fit your needs. Please reply

### Conclusion

Thank you for your time in reviewing this proposal! You are welcome to contact us via phone or email with any questions. **If the options listed do not fully meet your needs, please let us know and we will gladly customize a program for you.**

Sincerely,

**Susan Kruger, M.Ed.**  
Author & Lead Trainer