Name		ID#: Date	e:				
#uossan#	How to Study & Learn Ne Layer 1: Collect Prior Knowledge	w Terms					
S	corecard Preview Directions: Ra	te yourself on the following scale on NOT have to exactly match to the Scorecard completed). I at the b	eginni	ng of t	he cor	urse.
#	Do you		Alw	Pro ays S	e-Sc cometin		Neve
35	Feel overwhelmed and/or bored by having to stud	dy and learn new information?	1	2	3	4	5
36	Study hard yet still feel disappointed with your gra	ades?	1	2	3	4	5
37	Struggle to adapt your study strategies for differe	nt subjects?	1	2	3	4	5
38	Dread having to learn the meanings of new terms	?	1	2	3	4	5
	nvestigation <u>Directions</u> : Follow the	e prompts in the course to fill in t	ne ho	VAS		low	,
<u>A</u>)		(B)					
		(D)					
(E)		(F)					
		I					

Name:		ID#:	Date:
	w to Study & Learn New To r 2: Connect New Information	erms	
K ey ter	ms The following terms and cond	epts are introduced	in this lesson:
concept map - key terms from and to each of	m a chapter or unit to the main concept c	proper noun map - A too of literature by charting s and connecting relations	ol that supports comprehension story characters and locations hips between them.
events by plac		Take Ten™ Review - Dail naterial in layers.	y 10-minute review to study
Section	This lesson includes the section note-taking and track your pro-		0 ,
	A. "How will 'asking questions'	help me study and lea	rn new terms?"
	B. "How do I study quickly and	efficiently?"	
	C. "How do I learn new terms p	ainlessly?"	
	D. "How do I study for different	subjects?"	
	E. "When should I study?"		
	F. "What are common mistakes	to avoid?"	
5			

How to Stuce Layer 3: Confirm			
pply + Practice	Make a concep	t map	
	primary connections, add s	econdary connections	se the template, below, or cre s. Ensure every term has at lea
life-hacks simple strategies to boost productivity	distraction interruptions the and should be	nat waste time	multi-tasking handling multiple tasl simultaneously, ofter reducing efficiency
power down turning off devices to eliminate electronic distractions			interruption tax The cognitive cost and e drain caused by switch focus due to interruption
	Less	on 9	
	Organize `	our Time	
	8 Manage Yo	•	
stress-management techniques to alleviate stress, including exercise and cognitive strategies			"focus" music & sounds audio tracks designed improve concentratio
Coping Cards quick-reference tools for	rout regular action	_	habit a repeated behavior t

Name:	ID#:	Date:	

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How to Study & Learn New Terms

Layer 3: Confirm Understanding

Scorecard	Review
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<u>Directions</u>: What solutions have you learned to resolve each problem, below? For each statement: rate yourself post-lesson, briefly describe a solution you learned, and calculate the difference from your pre-score.

#	Do you	Solution				COr mes	e Never	+/- change from pre- score
35	Feel overwhelmed and/or bored by having to study and learn new information?		1	2	3	4	5	
36	Study hard yet still feel disappointed with your grades?		1	2	3	4	5	
37	Struggle to adapt your study strategies for different subjects?		1	2	3	4	5	
38	Dread having to learn the meanings of new terms?		1	2	3	4	5	

Scoring: Apply + Practice

<u>Directions</u>: The follow chart provides guidelines on how to score the Apply + Practice activity for this lesson.

CRITERIA	Excellent (4)	Satisfactory (3)	NEEDS IMPROVEMENT (2)	Poor (1)
Completeness	10 primary, 5+ secondary connections.	10 primary, 4 secondary connections.	8-9 primary, 3 secondary connections.	<8 primary, <3 secondary connections.
Accuracy of Connections	All connections show logical relationships.	Mostly accurate; minor errors.	Some unclear or incorrect relationships.	Many inaccurate or missing connections.
Clarity and Organization	Organized, easy to read, visually appealing.	Organized, minor layout issues.	Somewhat disorganized or hard to follow.	Cluttered or confusing.
Detail and Understanding	Detailed explanations show deep understanding.	Correct but shallow explanations.	Vague or some incorrect explanations.	Lacking or incorrect explanations.

Total points:	/	/

ID#: Date:
Study & Learn New Terms
monstration Form civity is to apply the information from this lesson to "real life" situations. It can be a stand-alone as preparation for the end-of-course Exit Presentation.
Complete the prompts below, in writing or with multimedia tools. NOTE: As an alternative to this form, a digital portfolio is provided throughout the curriculum
Section Title:
Chapter Title:
r topic you learned? tes, using a planner, communicating with teachers, etc.)
of the evidence and a short description? a page of notes, a page from a planer, an email to a teacher, a photo of your organized binder or bedroom, etc.)
dence illustrate what you learned about this skill or topic?
lo you expect to use this skill or information in the future?
Evaluation guidelines are below. (Your teacher will determine the total number of points possible.)
PERFORMANCE INDICATOR
The evidence provided demonstrates an <u>understanding of the concept/strategy</u> .
The evidence provided demonstrates appropriate application to a current setting.

The description of a future application demonstrates an understanding of the <u>potential use</u> for this concept/strategy. COMMENTS: